

March 13, 2010

To Whom It May Concern:

I am happy to write a reference for Aulda as a baby nurse. Aulda came to us after the birth of our second child. She is wonderful, always very professional and courteous, and is a calm and steady presence in our often chaotic household.

Aulda was very adept at balancing our many houseguests there to visit the new baby with the baby's needs. She knows babies inside and out and got our son on a schedule that had him sleeping three to four hours a night by one month, a dream for any mom. She is happy to offer advice and guidance, but is unassuming, and had no problem taking direction or meeting any request.

She is efficient and organized our nursery for the next few months. She also was very good at teaching our three-year old how to interact safely with her new brother. I think any family would be very happy to have Aulda in their home.

Sincerely, Maryll & John Bethesda, MD